

## **Impact of Morrow County Health District 2012-2014 Strategies**

1. Strengthened relationships with health and human service providers and the community through participation in the Community Health Improvement Partnership and Local Community Advisory Council.
2. Conducted county-wide health assessment.
3. Built new partnerships with Early Learning Council and coordinated care partners to evaluate Oregon Health Plan needs - specifically “hot spotting” high cost services or frequent use patients.
4. Bolstered efforts to communicate health messages and promote health services to the community through websites, newsletters, and articles to media and construction of resource guides for referral services.
5. Provided strong leadership for health and human service collaborative by serving as chairperson for CHIP Board of Directors and workgroups.
6. Provided administrative and IT support to CHIP to maintain collaborative projects and services.
7. Provided services of community benefit by offering: Blood pressure checks, health foot care, trauma sessions, sports physicals, health fair sponsorship, “Biggest Winner” – weight loss and healthy lifestyle program and Tar Wars instruction to school-age children

## Health Resources

Identified Need	Morrow County Health District Strategy	Impact or Outcome
<p>1. Urgent Care or Extended Hours of Care</p> <p>2. Improve communication and coordination among health organizations, and improve communication between health care providers and the community</p>	<p>Examine access needs for primary medical care</p> <p>Participate in county-wide collaborative for health assessment, planning and implementation of programs</p> <p>Provide start-up funding to the CHIP to employ a community development coordinator and administrative support</p>	<p>Extended hours of operation at Irrigon Medical Clinic on Monday evenings until 7:00 p.m.</p> <p>Participated with CHIP to examine data and information</p> <p>Provided start-up funding to the CHIP to employ a community development coordinator and administrative support</p> <p>Served as appointed member of Local Community Advisory Council to Eastern Oregon Coordinated Care Organization</p> <p>Evaluated the health needs of Oregon Health Plan (OHP) enrollees being served by the Eastern Oregon Coordinated Care Organization in Morrow County</p> <p>Participated in community focus groups to gather input on perceived health status and health resource needs</p> <p>Improved coordination of health care services and increased access to OHP enrollees through collaboration with Community Advisory Council</p> <p>Partnered with health and social service providers to “hotspot” and form a coordinated system of care</p>



Identified Need	Morrow County Health District Strategy	Impact or Outcome
3. Construct North Morrow County Assisted Living Facility	Provide consultation on development of the facility if a local exploratory committee is convened	The exploratory committee never convened, therefore no action was taken
4. Employ a School Nurse	As this need is beyond the scope of MCHD, collaborate with the Morrow County Public Health Department and Morrow County School District who have lead roles in determining feasibility	Served as the medical sponsor to develop a student/community health center working in collaboration with the Morrow County Public Health Department, local dental and behavioral health providers, Ione Community School and Oregon Health Authority to plan and provide services to Ione Community School students and the city of Ione
5. Transportation	No action will be taken at this time as this is beyond the current scope of the MCHD, but collaboration will occur with the Morrow County Transportation Committee, the lead organization, if needed	No direct action was taken as this was beyond the scope of the MCHD, but the Morrow County Transportation Committee, the lead organization, convened in 2015 to assess transportation needs in partnership with Oregon Department of Transportation
6. Mobile Dental Van/Oral Health Care Access	No action will be taken at this time as this is beyond the current scope of the MCHD, but collaboration will occur with the Morrow County Public Health Department and local dental service providers, the lead organizations, if needed	Collaborated with Advantage Dental to examine oral health needs of Morrow County through the LCAC and partnered to plan and provide services through Ione student and community clinic
7. Employ Services of Visiting Specialists continued	Provide cardiology services through a contracted arrangement  Evaluate recruitment needs and pursue other specialists as needed	Continued to provide cardiology services through a contracted arrangement  Continued to evaluate recruitment needs and pursue other specialists as needed

## Health Status

Identified Need	Morrow County Health District Strategy	Impact or Outcome Evaluation
<p>1. Provide education and programs to promote healthy lifestyles and prevention of disease</p>	<p>Provide community education by contributing articles to local news media</p> <p>Provide health information through the MCHD newsletter to every household in Morrow County</p> <p>Help create social and physical environments for MCHD staff that support healthy living and ensure that healthy choices are easy and accessible through the MCHD Employee Wellness Program</p> <p>Provide free community blood pressure testing</p> <p>Provide free sports physicals for athletes</p> <p>Provide trauma nurse “Talk Tough” sessions in all Morrow County schools</p> <p>Sponsor and participate in health fairs</p> <p>Support “Cooking Matters” – a 6-week healthy and affordable meal preparation course</p>	<p>Provided community education by contributing articles to local news media</p> <p>Provided health information through the MCHD newsletter to every household in Morrow County</p> <p>Created social and physical environments for MCHD staff that supported healthy living and ensured that healthy choices were easy and accessible through the MCHD Employee Wellness Program</p> <p>Provided 920 free community blood pressure screenings</p> <p>Provided 438 free sports physicals for athletes</p> <p>Provided trauma nurse “Talk Tough” sessions in all Morrow County schools</p> <p>Sponsored and participated in health fairs at Heppner Elementary School and National EMS Night Out</p> <p>Provided event promotion, staff support and meeting space for “Cooking Matters” Heppner session</p>

<b>Identified Need</b>	<b>Morrow County Health District Strategy</b>	<b>Impact or Outcome Evaluation</b>
<p>1. Provide education and programs to promote healthy lifestyles and prevention of disease cont.</p>	<p>Contingent upon funding, support “Living Well Morrow County”</p> <p>Support development of Student Health Advisory Council Workgroup (SHAC)</p> <p>Support Morrow County Biggest Winner Weight Loss Challenge and Healthy Lifestyle Program</p>	<p>Resource constraint – only partial funding was secured.</p> <p>Supported development of Student Health Advisory Council Workgroup (SHAC) by providing education and resources to strengthened the understanding and impact of school wellness policies that increase physical activity, improve nutrition quality of foods and beverages available in schools, and address tobacco use on school grounds</p> <p>Created an interdisciplinary team in partnership with health and human service providers and Morrow County schools to provide “wraparound” services and case management or referral to women and families. Serving over eighty families throughout October 2014 - April 2015</p> <p>Partnership created Biggest Winner Weight Loss Challenge and Healthy Lifestyle Program</p> <p>Supported MCHD physician involvement in planning, instructing and evaluating program, employee participation and free lab testing to all participants</p>
<p>2. Physical Activity and Fitness Infrastructure</p>	<p>Support Morrow County Biggest Winner Weight Loss Challenge and Healthy Lifestyle Program</p>	<p>Supported MCHD physician involvement in planning, instructing and evaluating program and employee participation</p>

Identified Need	Morrow County Health District Strategy	Impact or Outcome Evaluation
2. Physical Activity and Fitness Infrastructure continued	<p>As this is beyond the scope of MCHD, partner with community organizations and local business to promote the “built environment” and community design to support active living</p> <p>Provide administrative support and liability insurance coverage for fitness classes</p> <p>Sponsor “Rolling Hills Run,” annual community fitness event</p>	<p>No action initiated by community workgroup</p> <p>Provided administrative support and liability insurance coverage for fitness classes</p> <p>Sponsored “Rolling Hills Run”</p>
3. Alcohol/Drugs/Tobacco	<p>MCHD physicians provide “Tar Wars” instruction to school-age children</p> <p>Provide occasional tobacco cessation classes planned in conjunction with Morrow County Public Health Department</p>	<p>MCHD physicians provided “Tar Wars” instruction to school-age children</p> <p>Due to resource constraints, there were no classes were jointly scheduled</p>
4. Prenatal Care	<p>Referrals from Morrow County Health District Clinics to OB/GYN are provided to pre-pregnancy and expectant mothers as obstetrical services are not available locally</p>	<p>Referrals to OB/GYN were made to pre-pregnancy and expectant mothers</p>
5. Diabetes	<p>Provide subsidized healthy foot care clinics</p> <p>Pursue contract services with Certified Diabetes Educator</p>	<p>Provided 363 subsidized healthy foot care clinics</p> <p>Pursued contract services with Certified Diabetes Educator</p>
6. Safe Water	<p>Stay informed and abreast of local water quality issues</p>	<p>No water quality issues were presented to CHIP, LCAC or MCHD</p>

<b>Identified Need</b>	<b>Morrow County Health District Strategy</b>	<b>Impact or Outcome Evaluation</b>
7. Cancer	<p>Continue to provide cancer information about prevention through local media education campaigns</p> <p>Sponsor and participate in American Cancer Society “Relay For Life”</p>	<p>Provided cancer information about prevention through local media education campaigns</p> <p>Sponsored event and employees were encouraged to participate in American Cancer Society “Relay For Life”</p>